

INSC 2023

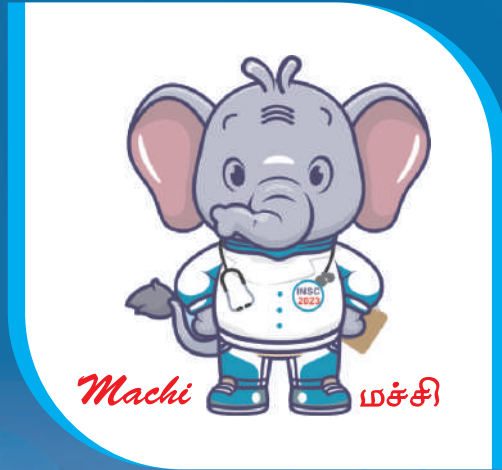
16th Annual Indian National Stroke Conference

30th March - 02nd April, 2023 | Chennai

Venue: ITC Grand Chola

Under the Aegis of

Neuro Update Chennai and Madras Neuro Trust

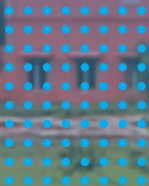


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Welcomes you all to INSC 2023

www.insc2023.com



Welcome Message

Dear Teachers, Friends and Colleagues,

It's once again “Conference Time” in Chennai - which means “Gala Time” for us, for we get to host all the intelligent and finest brains in the country at an academic event and give them an experience they wouldn't be able to forget in a hurry. The INSC is to be held from 31st March to 2nd April, 2023 with pre-conference workshops on the 30th March.

ISA is coming of age in a way - pun intended - as it turns 21 at this Congress. It's but natural that ISA felt homesick and decided to return to its cradle in Chennai, where everything started in 2002. We sincerely thank the ISA and especially its Executive Committee for giving us the opportunity to make you all feel “At Home”.

The venue for the congress is the ITC Grand Chola, Chennai and the organising committee is making sure that no stone is left unturned in its efforts to conduct an academically and socially enriching conference. I can assure you that you will go back 'Loaded' and will run the risk of being accused of carrying weight (both abstract and physical) beyond your sanctioned limit, not just by the airline that you choose to return by.

Very pleased to welcome all of you again to Chennai. Come, relax, learn, and network and find ways to tackle the most important (numerically and functionally) disease in our practice - STROKE.

With Sincere Regards and Wishes

Dr. U. Meenakshisundaram

Organising Secretary

ISA Executive Committee

Dr. V. G. Pradeep Kumar
President

Dr. Anand Alurkar
President Elect

Dr. Arvind Sharma
Secretary

Dr. Vikram Huded
Treasurer

Dr. Jeyaraj Pandian
Immediate Past President

Dr. Rohit Bhatia
Past President

Dr. Gigy Kurutukulam
Executive Committee Member

Dr. Pawan Kumar Ojha
Executive Committee Member

Dr. Salil Uppal
Executive Committee Member

Dr. P. Vijaya
Executive Committee Member

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Dr. G. Arjundas
Patron

Dr. C.U. Velmurugendran
Patron

Dr. V. Natarajan
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Dr. U. Meenakshisundaram
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Dr. Deepak Arjundas
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Dr. M. Dhanraj
Member

Dr. S. Kalyanaraman
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Dr. G. Kumaresan
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Dr. R. Lakshmi Narasimhan
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Dr. J. Reginald
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Dr. L. Sankaranarayanan
Member

Dr. ZA. Sayeed
Member

Dr. AV. Srinivasan
Member

Dr. D. Vasudevan
Member

National Faculty

Dr. Abhishek Srivastava

Dr. Anand Alurkar

Dr. Arvind Sharma

Dr. Asokan K

Dr. Debashish Chowdhury

Dr. Deepak Arjundas

Dr. Dheeraj Khurana

Dr. James Jose

Dr. Jayanta Roy

Dr. Kameshwar Prasad

Dr. Karthik S N

Dr. Karthikeyan

Dr. Komal kumar

Dr. Kumaravelu S

Dr. Lakshmi Narasimhan R

Dr. Maya Thomas

Dr. Meenakshi S

Dr. Mugundhan K

Dr. Nagaraja D

Mr. Neeraj Lal

Dr. Niraj Kumar

Dr. Nirmal Surya

Dr. Padma M.V

Dr. Pawan Ojha

Dr. Prabash P.R.

Dr. Pradeep M

Dr. Pradeep Kumar V.G

Dr. Rajsrinivas Parthasarathy

Dr. Rana B.K.

Dr. Rithesh R Nair

Dr. Rohit Bhatia

Dr. Salil Uppal

Dr. Sanjay Pawar

Dr. Sanjith Aaron

Dr. Sankar Prasad Gorthi

Dr. Saravanan S

Dr. Satish Kumar

Dr. Selvin S

Dr. Shakir Hussain

Dr. Sowmini P.R

Dr. Sreenivas UM

Dr. Srinivasan Paramasivam

Dr. Subash Kaul

Dr. Sudhir Shah

Dr. Sumit Singh

Dr. Sundar S

Dr. Sunil K Narayan

Dr. Surya Narayana Sharma

Dr. Sylaja P.N

Dr. Vijaya P

Dr. Vijay Shankar

Dr. Vijayan K

Dr. Vikram Huded

Dr. Vinit Suri

Dr. Vivek Nambiar

International Faculty

Dr. Andrei V. Alexandrov	Semmes-Murphey Professor and Chairman, Department of Neurology The University of Tennessee Health Science Center Memphis, Tennessee
Dr. Anne Alexandrov	Professor of Nursing and Neurology, and Mobile Stroke Unit (MSU), Chief Nurse Practitioner, The University of Tennessee Health Science Center, Memphis, Tennessee
Dr. Bijoy K Menon	Professor of Neurology, Radiology, and Community Health Sciences, Cumming School of Medicine, The University of Calgary, Foothills Medical Centre, Calgary, AB Canada
Dr. Sandeep Ankolekar	Consultant Neurologist, Department of Neurology King's College Hospital NHS Foundation Trust · London, UK
Dr. Vijay K Sharma	Associate Professor, Yong Loo Lin School of Medicine, National University of Singapore, Senior Consultant, Division of Neurology, University Medicine Cluster, National University Health System, Singapore

Pre Conference Workshop - 30th March 2023, Thursday

TIME	TOPIC	FACULTY
09:00 - 09:30 hrs	Inauguration Neuro Sonology Workshop - Hall A (Limited to 50 Seats)	
09:30 - 13:00 hrs	Convenor: Dr. M. Pradeep Co convenor: Dr. Arvind Sharma Carotid Ultrasound Basics, Vessel Identification Carotid ultrasound IMT, carotid stenosis TCD. Basics, vessel identification TCD Vasomotor reactivity TCD. Bubble study	Dr. S. Meenakshi Dr. Surya Narayana Sharma Dr. Arvind Sharma Dr. Komal kumar Dr. M. Pradeep Dr. Vijay Sharma Dr. Andrei Alexandrov
	Neuro Intervention Workshop - Hall B	
09:30 - 13:00 hrs	Convenor: Dr. Rithesh R Nair / Dr. Somesh V	
09:30 - 09:55 hrs	Principles of catheterisation/ DSA and materials	Dr. Karthikeyan
10:00 - 10:25 hrs	DSA - indications and applications	Dr. Selvin S
10:30 - 10:55 hrs	Endovascular thrombectomy	Dr. Rithesh R Nair
11:00 - 11:30 hrs	Coffee Break	
11:30 - 11:55 hrs	Carotid and Vertebrobasilar angioplasties	Dr. Vivek Nambiar
12:00 - 12:25 hrs	AVMs - Cranial and Spinal	Dr. Shakir Hussain
12:30 - 13:00 hrs	Aneurysm management	Dr. Shakir Hussain

13:00 - 14:00 hrs	Lunch	
Neuro Radiology Workshop - Hall A		
14:00 - 17:00 hrs	<p>Convenor: Dr. Deepak Arjundas</p> <p>Plain CT in acute Stroke imaging</p> <p>CTA in acute Stroke imaging</p> <p>CTP in acute Stroke imaging</p> <p>Formulating a management plan using Acute Stroke Imaging tools</p>	Dr. Bijoy Menon
Neuro Rehab Workshop - Hall B		
14:00 - 17:00 hrs	<p>Convenor: Dr. U. Meenakshisundaram</p> <p>Principles of NeuroRehabilitation following a stroke</p> <p>UL Spasticity - assessment, common types, tips and tricks</p> <p>Tea Break</p> <p>LL spasticity - assessment, common types, tips and tricks</p> <p>Demonstration of BONT injection</p>	<p>Dr. Abhishek Srivastava</p> <p>Dr. Sumit Singh</p> <p>Dr. Niraj Kumar</p> <p>Dr. Sumit Singh</p> <p>Dr. Abhishek Srivastava</p> <p>Dr. Niraj Kumar and</p> <p>Dr. Vijay Shankar</p>
Nursing Workshop for Stroke Nurses - Hall C (Limited to 60 Seats)		
09:30 - 13:00 hrs	<p>Convenor: Dr. V. Natarajan</p> <p>Clinical Localization</p> <p>Imaging Correlates</p> <p>Use of assesment scales such as the NIHSS, Stroke VAN and RACE</p>	Dr. Anne Alexandrov
16:00 - 17:00 hrs	ISA EC Meeting - Tanjore Hall	



PROGRAM - Day 1 - 31st March 2023, Friday

TIME	TOPIC	FACULTY
07:30 Onwards	Registration	
08:00 - 09:00 hrs	Stroke Accreditation Session Chairpersons: Dr. Anand Alurkar / Dr. Vikram Huded	
08:00 - 08:10 hrs	Context setting and Introduction of Stroke Accreditation Program - ISA	Dr. V.G. Pradeep Kumar
08:10 - 08:25 hrs	Introduction to QAI, standard development and Accreditation process	Dr. B.K. Rana
08:25 - 08:40 hrs	Framework of Accreditation standards	Mr. Neeraj Lal
08:40 - 08:55 hrs	Q & A	
08:55 - 09:00 hrs	Closing Remarks	Dr. Arvind Sharma
09:00 - 09:20 hrs	Chairpersons: Dr. Leema Pauline / Dr. Ramadoss K / Dr. M. Radha Acute Stroke pathway-What can we learn from the UK System?	Dr. Sreenivas UM
09:20 - 09:40 hrs	Why is TIA underdiagnosed and undertreated?	Dr. K. Vijayan
09:40 - 10:00 hrs	TIA's in Children and Young adults	Dr. Maya Thomas
10:00 - 10:30 hrs	Chairpersons: Dr. A V Srinivasan / Dr. C. Justin Emboli monitoring	Dr. Andrei Alexandrov
10:30 - 11:00 hrs	Coffee Break	
11:00 - 11:30 hrs	Chairpersons: Dr. K.A Salam / Dr.M.R. Manivannan / Dr. Kaushik Sundar Management of Intracranial and Internal carotid artery stenoses	Dr. Vijay K Sharma
11:30 - 12:00 hrs	Sonothrombolysis	Dr. Andrei Alexandrov
12:00 - 12:20 hrs	Chairpersons: Dr. G. Kumaresan / Dr. Thomas Iype / Dr. R. Pazhani Challenges in Intravenous Thrombolysis	Dr. Subash Kaul
12:20 - 12:40 hrs	Diagnosis, Over Diagnosis and Misdiagnosis of Cerebral Vasculitis	Dr. PN. Sylaja
12:40 - 13:00 hrs	Recent Concepts in Cerebral Venous Strokes and Its management	Dr. Nagaraja D
13:00 - 14:00 hrs	Lunch & Poster Viewing	
14:00 - 14:20 hrs	Chairpersons: Dr. Ashok Uppal / Dr. S Natesan / Dr. R. Balakrishnan Stroke and Anticoagulation, Whom, when, Which?	Dr. S. Kumaravelu
14:20 - 14:40 hrs	Anticoagulants in Atrial Fibrillation	Dr. Vinit Suri
14:40 - 15:00 hrs	Management of Cerebral Micro Bleeds and Atrial Fibrillation	Dr. S. Saravanan
15:00 - 15:20 hrs	Chairpersons: Dr. Ashok Sirsat / Dr. M. Jawahar / Dr. S. Sivakumar Management of acute ischaemic stroke in patients on NOACs	Dr. P. Vijaya
15:20 - 15:40 hrs	Carotid Webs - Diagnosis and Management	Dr. Saliil Uppal

TIME	TOPIC	FACULTY
15:40 - 16:00 hrs	Atrial Cardiopathy and it's implications for treatment	Dr. Jayanta Roy
16:00 - 16:30 hrs	Tea Break	
16:30 - 17:00 hrs	Chairpersons: Dr. Prithika Chary / Dr. Baskar P Decompression Hemicraniectomy in Strokes	Dr. Sandeep Ankolekar
17:00 - 17:30 hrs	Head down position trial	Dr. Anne Alexandrov
17:30 - 17:50 hrs	Chairpersons: Dr. Zaheer Ahmed Sayeed / Dr. M.A. Aleem Personalised Strategies to manage Cryptogenic Stroke including ESUS	Dr. Sanjith Aaron
17:50 - 18:10 hrs	Management of Intra Cerebral Hemorrhage due to non conventional causes	Dr. R. Lakshmi Narasimhan
18:10 - 18:30 hrs	Chairpersons: Prof. B. Biswakumar / Dr. T. R. Gnaneswaran Insular stroke	Dr. K. Mugundhan
18:30 - 18:50 hrs	Wake up Stroke	Dr. S N Karthik
19:00 - 20:00 hrs	Inauguration	
20:00 hrs	Cultural Programme & Dinner	

PROGRAM - Day 2 - 1st April 2023, Saturday

08:00 - 09:00 hrs	Chairpersons: Dr. Jagadish B Agadi / Dr. P.A. Fazal Ghafoor / Dr. M.B. Seshadri Platform Presentations	
09:00 - 09:20 hrs	Chairpersons: Dr. M. Thangaraj / Dr. Ravikumar V Management of recurrent atherothrombotic cerebrovascular events	Dr. S. Sundar
09:20 - 09:40 hrs	The role of Lipoproteins A and B, Non HDL and Uric Acid in the Causation of atherothrombotic cerebrovascular disease	Dr. Sunil K Narayan
09:40 - 10:00 hrs	Chairpersons: Dr. R.M. Bhoopahty / Dr. S. Arunan Thalamic Strokes	Dr. Pawan Ojha
10:00 - 10:30 hrs	The Science and the Art of acute stroke thrombolysis	Dr. Bijoy Menon
10:30 - 11:00 hrs	Coffee Break	
11:00 - 12:00 hrs	Chairpersons: Dr. Anand Alurkar / Dr. Arvind Sharma / Dr. Vikram Huded Introduction of the Orator	
12:00 - 12:20 hrs	Presidential Oration	Dr. V.G. Pradeep Kumar
12:20 - 12:40 hrs	Chairpersons: Dr. Gigy Kuruttukulam / Dr. Biswajit Paul / Dr. Piyush Ojha First Pass reperfusion - 'Is it the Clot, Artery, Haemodynamics, or Technique?'	Dr. Rajsrinivas Parthasarathy
12:40 - 13:00 hrs	Thrombectomy for medium and small vessel occlusion	Dr. Srinivasan Paramasivam
12:40 - 13:00 hrs	Difficult decision making in Endovascular Thrombectomy	Dr. P.N. Sylaja
13:00 - 14:00 hrs	Lunch & Poster Viewing Lunch on symposium - Prothrombin Complex concentrate: Reversing Anticoagulants	Dr. Deepak Arjundas

TIME	TOPIC	FACULTY
14:00 - 15:00 hrs	Chairpersons: Dr. S Alagesan / Dr. G Balaji Machi Master - Stroke Quiz	Dr. P.R. Prabash Dr. Satish Kumar
15:00 - 15:20 hrs	Chairpersons: Dr. Lakshminarayan G N / Dr. Subrahmanyam A V / Dr. Malcom Jayaraj Managing Complications during Thrombectomy and Stent retrieval	Dr. Sankar Prasad Gorthi
15:20 - 15:40hrs	Thrombolysis before and after Thrombectomy	Dr. Dheeraj Khurana
15:40 - 16:00 hrs	Prevention and management of Reperfusion Injury	Dr. Sanjay Pawar
16:00 - 16:30 hrs	Tea Break	
16:30 - 16:50 hrs	Chairpersons: Dr. D Meikandan / Dr. S Alagesan The spectrum of cerebral microvascular changes	Dr. James Jose
16:50 - 17:10 hrs	Endovascular treatment of aneurysms	Dr Anand Alurkar
17:10 - 17:30 hrs	Chairpersons: Dr. S Dinesh Nayak / Dr. Subramaniam K / Dr. G Balaji Early versus delayed mobilisation after acute stroke	Dr. Nirmal Surya
17:30 - 17:50 hrs	Mechanisms enhancing spontaneous repair and recovery; restorative therapies	Dr. P.R. Sowmini
17:50 - 18:10 hrs	Headaches in Strokes	Dr. Debashish Chowdhury
18:30 - 19:30 hrs	Annual General Body Meeting	
19:30 hrs	Gala Dinner	

PROGRAM - Day 3 - 2nd April 2023, Sunday

08:30 - 08:50 hrs	Chairpersons: Dr. Bhanu K / Dr. S. Velusamy / Dr. N Tamil Pavai Management of Blood Pressure before and after Thrombectomy	Dr. Deepak Arjundas
08:50 - 09:10 hrs	Uncommon presentation of treatable Neurovascular disorder	Dr. Vikram Huded
09:10 - 09:30 hrs	Vascular dementia and Vascular Cognitive Impairment	Dr. M.V. Padma
09:30 - 09:50 hrs	Chairpersons: Dr. L.Sankara Narayanan / Dr. V. Kannan / Dr. V. Ananth Tenecteplase: why should it be the first choice for thrombolysis in acute ischemic stroke?	Prof. Kameshwar Prasad
09:50 - 10:10 hrs	Stroke Management in Complimentary Medicine	Dr. Sudhir Shah
10:10 - 10:30 hrs	Mechanical Thrombectomy in Basilar Artery occlusion	Dr. K. Asokan
10:30 - 11:00 hrs	Coffee Break	
11:00 - 13:00 hrs	Chairpersons: Dr. S Balasubramanian / Dr. D Vasudevan / Dr. Rajasekaran M Case Presentations	
13:00 - 13:30 hrs	Valedictory	
13:30 hrs	Lunch	



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Under the Aegis of Neuro Update Chennai and Madras Neuro Trust

Machi மச்சி

Introducing "Stroke Gurukul" Come and Listen to your 'Gurus'

31/03/2023

10:30 - 11:00 Hrs: **Dr. Shakir Hussain**
Neurointervention

16:00 - 16:30 Hrs: **Dr. Subash Kaul**
Antiplatelets therapy, management of risk factors

01/04/2023

10:30 - 11:00 Hrs: **Dr. Arvind Sharma**
Stroke Centre Accreditation - How to get it?
How does one become an assessor?

16:00 - 16:30 Hrs: **Dr. Vijay Sharma**
Career opportunities for a neurosonologist

02/04/2023

11:00 - 11:30 Hrs: **Dr. V.G. Pradeep Kumar**
How to make best use of your ISA membership?
Grants offered by ISA

